



## President's Letter

from Diana Smith

In this column, I would like to spotlight **Susan Epstein** of Sharon, MA, one of our Directors. For her outstanding contributions to the betterment of the sport, **Susan Epstein** was recently awarded



the Distinguished Service to Sailing Award by the Massachusetts Bay Sailing Association.

She is the Women's Representative to the Board of Directors of US SAILING, Chairman of its Women's Sailing Committee, and an NWSA Board member. For more than fifty years, Epstein has been giving back to the sport of sailing in a variety of ways.

As a teen she was secretary for her local one-design fleet. In the mid-1970's, she established a sailing program at Wheaton College (MA); and where today, though retired from teaching chemistry, still volunteers as sailing coach. In the very early '80s she became the first woman Commodore of the Hull Yacht Club. A three-term past-President of both the Massachusetts Bay Sailing Association and the 210 Class Association, she recently finished a four year stint as Director of US SAILING's Area A and was elected vice-Chairman of the US SAILING Council of Sailing Associations.

Susan, who has sailed

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# Take the Helm®

Official Newsletter of the National Women's Sailing Association

SPRING 2004

## 3rd Annual NWSA Women's Conference

The very popular **NWSA Women's Conference** is being planned for June 5, 2004 at the beautiful Corinthian Yacht Club in Marblehead, Massachusetts. **Joan Thayer, Sue Corl** and their hard-working committee are planning exciting and informative classroom seminars and on-the-water clinics to enrich the sailing knowledge of beginner and intermediate-level women. A light breakfast, lunch, and dinner are included in the fun-packed day. An evening with **Doris Colgate** as featured speaker will cap the event.

Whether you are a recreational day sailor, a racer, or a cruiser, you don't want to miss the chance to see friends from past years and make new ones while you enjoy this unique day. A sample of the contemplated seminars includes: hands-on GPS, charting, spinnakers, man overboard, emergency preparedness, weather, introduction to sailing and introduction to racing. Sessions on the water will be in boats of various sizes with about five participants per boat; on-land lectures and hands-on workshops will accommodate about ten to 20 women per session. **BoatU.S.** is the primary sponsor. Visit the web site at [www.womensailing.org](http://www.womensailing.org) or call 866-631-6972. *Space is limited, so hurry!*

## TROUBLESHOOT & REPAIR DIESEL ENGINE WORKSHOP for WOMEN

If you want to unravel the mysteries of your diesel engine, and get some hands-on experience, here's your chance! Our popular **Diesel Engine Maintenance Workshop**, taught by Mack Boring's knowledgeable instructor, **Larry Berlin**, will be held at Mack's Union, New Jersey technical center on May 22 & 23. A full weekend of instruction includes plenty of

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## Another Tall Ship Experience Awaits You

We're again planning to sail with the **Mystic Whaler** as she wends her way northward in the fascinating Chesapeake Bay this fall. We will have two types of experiences to offer women, depending on your level of expertise.

The first leg will be a cruise beginning in Portsmouth, VA on October 17. Ports of call along the way will offer historic museums and quaint villages, as well as the more populated Annapolis and St. Michaels. Beautiful anchorages, fall foliage, and a chance to work an authentic tall ship await you. You arrive in Baltimore's historic Inner Harbor on October 23, 2004 and leave the boat by 4 PM.

The second leg boards in Baltimore on October 24, 2004 and will be a passage to New York City's 79th Street Seaport, arriving on October 28. This is an exciting 4-day, non-stop trip for the more experienced sailor who wants to experience, night sailing, watch standing, and a chance to actually take the helm of this beautiful schooner. Sailing into New York past the Statue of Liberty is a sight not to be missed! Details and an application form will appear on the web site soon. Contact **Diana** at [Diana.b.smith@delphi.com](mailto:Diana.b.smith@delphi.com) to put your name on the holding list so you don't miss your spot. Or call our toll-free number for more details.



and competed since childhood is still a competitive skipper in the 210 class. She has been married for 44 years to Jim, a non-sailor or ...having impressed him with a first-date sail on the Charles River in Boston. They have 4 daughters, 1 son, and 11 grandchildren.

In addition to her volunteer sailing activities Epstein is a past-President of Opera New England and has served on the education and community outreach committee for Boston Lyric Opera.

Epstein's on-going goal is to build a network of women sailors across the United States to ensure the continued encouragement and support of women in making sailing a life-long activity.

— Diana Smith



### Renew Your Membership

With all the exciting events coming up this year, you don't want to miss a minute. Renew your membership today! Remember that your dues help support our AdventureSail® program for at-risk girls, and are tax deductible to the extent the law allows.

There are several levels of membership with associated benefits that will entitle you to all the privileges of membership and give you the opportunity of supporting a very worthy program aimed at giving these girls a greater chance of success in life.

You can also make a gift to NWSA for AdventureSail® by sending your check to at 70A Pleasant Street, Marblehead, MA 01945. The smiling faces and life successes of the girls helped through AdventureSail® can make all our lives a little brighter.

## Sail the Grenadines!

We're planning another exciting cruising adventure in the Grenadines, November 13-20. Details will be on the web site soon, but space is extremely limited. Call our toll-free number or e-mail soon to reserve your spot with a \$500 deposit. Discounted pricing is in effect until July 15, 2004, so don't wait!

## Hurry to register for You Can Sail! Escape®

It's almost time for the annual **You Can Sail! Escape** all-women's week at Off-shore Sailing School, April 18-24. Call us right away at 866-631-6972 or e-mail *Diana* at [Diana.b.smith@delphi.com](mailto:Diana.b.smith@delphi.com) to sign up before this exciting week of sailing instruction is full. Offshore is America's #1 Sailing School. How can you pass up a chance to learn from the best? Call us today!

## West Coast Women's Sailing Convention

Southern California Yachting Association (SCYA) held its 15th Annual **Women's Sailing Convention** on Saturday, February 7 at Bahia Corinthian Yacht Club, Corona del Mar, CA. As usual, the sell-out event was a huge success! Attendees report a fantastic day filled with interesting clinics and seminars. Congratulations to NWSA Board member *Gail Hine* on another smash hit. E-mail Gail at [GEH@teamway.com](mailto:GEH@teamway.com) to get on the mailing list for next year's event. Don't miss it!

## Calling all Mentors!

Our **AdventureSail®** programs bring the joy of sailing to at-risk girls across the country. Mentoring these young girls can bring great rewards. Local volunteers coordinate the events with our help and promotion. Won't you call us today and volunteer to put on an **AdventureSail®** event in your town?

These can be one-day or summer-long activities and are sure to make you glad you did. These events are currently being planned to bring at-risk girls to the joys of sailing. Call our toll-free number for more information.

*DIESEL WORKSHOP* continued from p. 1  
time for actual maintenance and troubleshooting on several sizes of marine diesel engines. Surprise your friends with your knowledge and save on repair and maintenance bills—sign up today! Contact *Becky* at [squiresgroup@comcast.net](mailto:squiresgroup@comcast.net) or call our toll-free number for more details. Visit our web-site for a registration form.

## First Woman to Lead US SAILING!

A proud moment for all women sailors took place at the US SAILING Annual General Meeting, Fall, 2003. For the first time a woman, *Janet Baxter*, has been elected to the office of President of the national governing body. Baxter, a life-long sailor from Chicago and a member of the NWSA Advisory Council, has contributed her time and talents to US SAILING for many years. Her election as President is a fitting tribute to her dedication. Congratulations, Janet!

## Welcome New Members!

(9/03 to 3/04)

### California

Kay Miller-Marina del Rey

### Colorado

Drew Myron-Riesick-Denver

Keely Devlin-Idaho Springs

### Connecticut

Patrice Anibal-Old Greenwich

### Florida

Jane Brennan-Miami Beach

Gail Mingledorf-Jensen Beach

### Indiana

Sophia Strohl-Indianapolis

### Maryland

Carla Danley-Forestville

Allyson Davanzo-Arnold

### Massachusetts

Betsy Fermano-Marblehead

Carol Whitmer-Douglas

Maura Collins-Tyngsboro

Raelinda Woad-Somerville

### Michigan

Susan Ford-Harbor Springs

### New Jersey

Susan Radler-Ocean

Eileen Newsome-Little Silver

Pam Harding-Schooleys Mt.

Jeannie Poole-Oceanport

Julie Teetsov-Menands

### New York

Judy Clarke-Huntington Station

Kim Barnett-New York City

Caron Barnett-New York City

Dee Debernard-Ridgewood

Margaret Pepper-Wappingers Falls

### North Carolina

Shelley Ching-Apex

### Pennsylvania

Connie Richard-Zionsville

Nora Heffernan-Line Lexington

Linda Tague-Sonderton

Nadine Alexander-Harleysville

Katherine Heist-Wyomissing

### Vermont

Linda Sheridan-Burlington

### Virginia

Cheryl Newton-Sterling

Lisa McKnight-Richmond

### Washington

Maureen Boyle-Tacoma

### Crew Connection

Raelinda Woad-Somerville, MA-looking for crew

Maureen Boyle-Tacoma, WA-looking to crew

Carla Danley-Forestville, MD-looking for crew

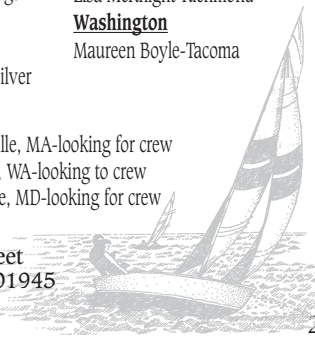
### NWSA

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## MEMBERSHIP APPLICATION

DUES are just \$45 for one year. Membership is annual. If more than one person is joining, please copy this application form and fill out for each individual. NWSA is a 501c(3) non-profit organization. Dues are tax deductible to the extent the law allows. Make checks payable to NWSA. Sorry, dues are not refundable. Mail or fax your application with check or credit card payment to the address below. You may also get this application and/or select other levels of membership/support on line at [www.womensailing.org](http://www.womensailing.org) or email: [wsf@womensailing.org](mailto:wsf@womensailing.org).

**YES, I want to join**

**YES, please renew my membership**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_

(If retired, please note former job)

Name of Company: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Sailing Clubs/Affiliations: \_\_\_\_\_

Own a boat? No  Yes  Make/Model/Year: \_\_\_\_\_

Willing and able to crew? Yes  No  Prefer:  Cruising  Racing  Will Travel  Prefer close to home

My crewing experience aboard is: \_\_\_\_\_

May we put you in our Directory? Yes  No

Total Enclosed \$ \_\_\_\_\_ for dues (\$45 - 1 year; tax deductible)

Check made payable to National Women's Sailing Association

MC  VISA # \_\_\_\_\_

Exp. date: \_\_\_\_\_ Signature: \_\_\_\_\_



Mail or Fax this application back with your payment to:

**National Women's Sailing Association**

70A Pleasant Street • Marblehead, MA 01945

Tel: 401-682-2064 • 866-631-6972 • Fax: 781-631-2889

Email: [wsf@womensailing.org](mailto:wsf@womensailing.org) • Website: [www.womensailing.org](http://www.womensailing.org)



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