



## 18th WOMEN'S SAILING CONFERENCE

# Take the Helm®

A Day of Workshops and On-the-Water Instruction

CORINTHIAN YACHT CLUB - MARBLEHEAD, MA

Saturday, June 1, 2019



Photograph By: Nicole Corriel

*Making Changes Come About®*



# 18<sup>th</sup> Women's Sailing Conference

## June 1, 2019

### Corinthian Yacht Club, Marblehead MA

#### Overview

Join other women sailors from across the country. Enjoy a full day of nautical learning, networking and camaraderie at the Corinthian Yacht Club on beautiful Marblehead Harbor, Saturday June 1, 2019.

This day of on-the-water instruction and on land workshops includes sessions geared toward women new to sailing and to those already heading up a crew. Workshop leaders are experienced women sailors who come to share their knowledge, skills and enthusiasm. Through discussions and hands-on workshops, participants will learn and hone skills, gain confidence, and enjoy their sailing. Women of all sailing abilities are encouraged to attend. Add your voice and experience to the gathering.

**Registration is on a first-come, first-served basis** due to space limitations. Your registration fee includes a continental breakfast, up to four workshops, a buffet lunch, one raffle ticket, and dinner. There are several new workshops this year, and leaders new to the Conference have joined our impressive lineup. Look over the schedule and submit your completed registration as soon as possible.

Through May 4, the early bird registration for NWSA members is \$145; \$180 for nonmembers. Registration after May 4 is \$165 for NWSA members and \$200 for nonmembers. NWSA membership information and application are available at the Women's Sailing Foundation website at <https://www.womensailing.org/get-involved/membership/> or by emailing [membership@womensailing.org](mailto:membership@womensailing.org).

**To receive early bird registration rates, email registrations must be received on or before May 4;** USPS mail must be postmarked on or before May 4.

You will receive registration confirmation by e-mail or phone. Cancellation refunds, minus \$25, will be made for notification received prior to Saturday, May 25. **No refunds will be made for cancellations received May 25 or later.**

Our Conference schedule offers plenty of time for networking, socializing, and making new friends. In addition, there will be raffles held throughout the day and a silent auction will end the evening. Donations are provided by NWSA and Women's Sailing Foundation supporters and sponsors. Raffle and auction proceeds benefit the Women's Sailing Foundation AdventureSail® program and sailing program scholarships for young girls at-risk, giving underserved girls exposure to sailing's challenges and rewards, as well as educational programs for women.

Be sure to bring your water bottle (we can refill), checkbook or some cash! Raffle tickets cannot be charged to a credit card under Massachusetts law (!). American Express, MasterCard and VISA credit cards are accepted for NWSA merchandise, membership, auction items and so on...everything except raffle tickets.



18<sup>th</sup> Women's Sailing Conference  
June 1, 2019  
Corinthian Yacht Club, Marblehead MA

### Conference Schedule

- 8:30 - 9:00     **Registration** & continental breakfast (Dining Room)  
Meet and mingle – participants and presenters
- 9:00 - 9:20     **Welcome**    Orientation and raffle drawings.
- 9:30 - 10:55    **Workshops**    various locations
- 10:55 - 11:05   **Transition to Workshops**    various locations  
Check out the Silent Auction tables and bid on items generously donated by local and national supporters of NWSA and AdventureSail®.
- 11:05 - 12:30   **Workshops**
- 12:30 - 1:30     **Buffet Lunch**  
Don't forget to check the Silent Auction tables, and make your bids.    Raffle drawings.
- 1:45 - 3:10      **Workshops**
- 3:10 - 3:20      **Transition to Workshops**
- 3:20 - 4:45      **Workshops**
- 5:00 - 6:00      **Cash Bar**    Mix and mingle with presenters and your new friends.  
**Silent Auction still open until 5:45!** Last chance to buy Raffle tickets!
- 5:45              **Silent Auction closes.** Auction high bidders are announced and names posted. Please be prompt paying for and claiming your winning items. If not claimed by 6:00 p.m., the next highest bidder will be declared the winner!
- 6:15 - 8:15      **Dinner and Evening Program**
- 7:15              **2019 Leadership in Women's Sailing Award Presentation to Pat Dieselman**
- 7:30              **Keynote speaker, Haley Lhamon.** "Beating the Odds to Win the 2018 R2AK"  
How *Team Sail Like a Girl* made history by winning the 750-mile Race to Alaska

## Workshops Schedule

9:30 a.m.	11:05 a.m.	1:45 p.m.	3:20 p.m.
How to Read a Navigation Chart	Plot Your Course	Preparing for Coastal Racing	VHF Radio for Clear Communications
Don't Let Your Boat Be a Drag	Suddenly Alone	Suddenly Alone	Knots to Know
Boating Skills Virtual Trainer	Boating Skills Virtual Trainer	Boating Skills Virtual Trainer	Boating Skills Virtual Trainer
Knots to Know	Diesel Basics	Diesel Basics	Racing 101
Avoiding Mayhem & Missteps	What You Really Need for First Aid	Systems Overview*	What You Really Need for First Aid
	Crew Overboard Demo*		Flare and Fire Extinguisher Demo
	In the Water Unexpectedly*		Crew Overboard Demo*
	Sailing Primer		

9:30 a.m. – 12:30 p.m.	1:45 – 4:45 p.m.
Introduction to Sailing*	Introduction to Sailing*
Intermediate Sailing*	Intermediate Sailing*
The Spinnaker*	The Spinnaker*

**\*PFD required. These courses are either at the float or on the water.**

## Workshop Descriptions

### **Avoiding Mayhem and Missteps (Dockside)**

Practice a few simple steps to assure you stay on the boat, keep water out of the boat and don't burn the boat down, and respect the weather. Learn to recognize trouble and de-escalate problems quickly. How to use lines, cleats and fenders to avoid the most common injuries. How to rig jacklines and harnesses. Other practices to reduce chances of injury or damage while underway. Safety on deck, below and on the dock so you keep your sailing FUN.

Debbie Huntsman      FLOAT    9:30 – 10:55 a.m.

**Boating Skills Virtual Trainer** - Take the helm and set out on a simulated "boat trip" to practice boating skills such as docking, pivot turns, stopping and more. The America's Boating Club Boating Skills Virtual Trainer is equipped with a steering wheel and real Mercury throttle to give you hands-on experience as you pilot your virtual boat on a lake with other powerboats, sailboats, navigation aids and a marina.

Barbara Herrmann, Cindy Madden    BALL ROOM    9:30- 10:55 a.m., 11:05a.m. - 12:30 p.m., 1:45 – 3:10 p.m., 3:20 - 4:45 p.m.

### **Crew Overboard! Demonstration (Dockside)**

What if the Captain, or anyone, is swept overboard? Learn the safest way to rescue and retrieve a person of any size from the water. A short presentation on the porch; a float-side demonstration with a brave volunteer in the drink;

Pat Oppenheimer, Barbara Robertson      PORCH & FLOAT (**PFD required**)    11:05 a.m. – 12:30 p.m.; 3:20 p.m. – 4:45 p.m.

### **Diesel Basics – Jr. Sailing Room**

Learn about the most common diesel engine problems and how to fix them. Learn names and terms; examine the engine and parts. Communicate with knowledge and confidence if you make a call for assistance.

Beth Burlingame      JR SAILING ROOM    11:05 a.m. – 12:30 p.m., 1:45 – 3:10 p.m.

**Don't Let Your Boat Be a Drag!** Learn how to safely anchor your boat and communicate with your crew to make it a stress-free experience. We will briefly discuss a few of the most popular anchors and the conditions for which each is the best choice, discuss how to determine how much scope to use, other steps in assessing where the best spot is to drop anchor and some of the other safety features you can add to your anchoring equipment. Sharing personal experiences both good and bad is welcomed.

Linda Newland    TROPHY ROOM    9:30 a.m. – 10:55 a.m.

**Flares and Fire Extinguishers Demo** Learn how to use the flares you are mandated to carry on your boat. Learn about different types of flares and their use. Fire extinguishers are everywhere, not just on your boat. Understanding how to douse a fire, how and when use an extinguisher are life-saving skills. Demonstrations will be done with safe-handling tips.

Debbie Huntsman      TROPHY ROOM & ON THE BEACH    3:20 - 4:45 p.m.

**How to Read A Navigation Chart** Ever wonder what all those symbols and lines on navigation charts mean? This workshop will decipher the mystery. Navigational charts are telling you much more than you imagine.

Sue LaVoie      FANTAIL 9:30 – 10:55 a.m.

**Preparing for Coastal Racing** Plan your campaign or single race to make it a success and fun for everyone. Included topics: Setting goals and expectations, crew considerations, prepping the boat and sail selection, training, financing the effort and provisioning. Don't miss some illustrative sea stories and add your own. Coastal day and overnight racing covered. Good information for boat owners and crew alike.

Linda Newland    TROPHY ROOM    1:45 – 3:10 p.m.

**How to Use Your VHF to Communicate Clearly** Do you find that you rarely actually USE your radio? Is it always someone else who hails the launch? Get over your stage fright and practice "making the call" in a variety of situations, including requesting pickup, calling a drawbridge, and making pan-pan, securite and mayday calls. This non-technical workshop will cover what kind of call to make, what information to include, how to mentally compose the call, and then practice making it. **Bring a handheld radio.**

Sue LaVoie, Joyce Hersh      FANTAIL    3:30 – 4:45 p.m.

**In the water unexpectedly** In the pool, test out your pfd and your ability to swim with all your sailing gear on before an actual situation happens. The goal of this experience is to prevent panic and fear in a real event by preparing in a safe and calm space. You'll have plenty of time to dry off, change clothes and head for lunch. Bring a change of clothes and a towel.

Susannah Winder POOL 11:05 a.m. – 12:30 p.m.

**Knots: What, Why and When.** Learn basic knots that will keep your boat safe, tidy, and strong. Learn how to use cleats correctly on both floats and piers, as well as how not to use them. This is a fun and interactive workshop.

Susannah Winder, Susan Epstein MIDDLE PORCH 9:30 – 10:55 a.m., 3:20 - 4:45 p.m.

**Plot Your Course** This workshop is *for women who already know how to read a chart* and have the ability to find latitude/longitude. You will use the magnetic compass and examine direction, distance and time.

Sue LaVoie FANTAIL ROOM 11:05 a.m. – 12:30 p.m.

**Racing to Win:** Get an overview of the rules of racing, effective starting strategies, upwind work to the weather mark, expected challenges at mark roundings, clean finishes, and the basics of spinnaker trim. We will also focus on methods of communication on board, rules of engagement and an overview of strategy through the entire race.

Boogity, Boogity, Boogity, Let's go racing!

Linda Codega JUNIOR SAILING ROOM 3:20 – 4:45 p.m.

**Sailing Primer:** Learn the vocabulary of sailing, parts of the boat, how (and why!) the boat moves through the water, different crew positions and their functions, points of sail, and communication skills for sailing. What kind of gear do you take on board? How do you determine sail trim? Join in the lively discussion to make your sailing experience fun. A great resource for newbies, and a refresher for the intermediate sailor.

Linda Codega TROPHY ROOM 11:05 a.m. – 12:30 p.m.

**Suddenly Alone** In this seminar you will learn some basic skills needed to handle an emergency on board, such as your partner becoming incapacitated or falling overboard, leaving you, and only you, to manage the boat as well as handle all aspects of the emergency.

Nancy Cook HARBOR ROOM 11:05 a.m. – 12:30 p.m., 1:45 – 3:10 p.m.

**Systems Overview** Do you open your bilge or engine hatch and have no idea what you are looking at or wanted to figure out where that leak is coming from? The course is designed to help you understand what you are looking at and how systems in a boat work. Come with your questions and curiosity.

Susannah Winder FLOAT (PFD required) 1:45 p.m. – 3:10 p.m.

**Introduction to Sailing** *For those with no or very limited sailing experience.* Sailing on a 23-foot Sonar, feel how the wind moves the boat, learn what to expect when the wind picks up and the boat begins to lean to one side. Learn basic parts of the boat and the sails and what all those lines are on the boat. Sailing is fun!

Betsy Frawley Haggerty ON THE WATER (PFD required) 9:30 a.m.- 12:30 p.m., 1:45 - 4:45 p.m.

**Intermediate Sailing** *For those who know parts of the boat and basic sailing terminology.* Sailing on a 23-foot Sonar, take the helm and learn how to trim your sails at each point of sail. Learn how to approach the mooring and do it! Learn how to depower your sails when the wind increases.

Debbie Noble ON THE WATER (PFD required) 9:30 a.m. - 12:30 p.m., 1:45 - 4:45 p.m.

**The Spinnaker** Learn how to pack it, launch it and take it down. Then go on the water and practice on a Sonar. Take turns at all positions. Must be an intermediate sailor. Weather dependent for going on the water.

TBD ON THE WATER or at the FLOAT (PFD required) 9:30 a.m. - 12:30 p.m., 1:45 - 4:45 p.m.

**What You REALLY Need for First Aid** Learn from an experienced ocean sailor recently back from an Atlantic Crossing what you need to have in your medicine cabinet. Know what does or does not come in a prepared medical kit for a day sail or weeks offshore. There will be some show and tell of drugs and first-aid items all available over the counter.

Anne Kolker CROWNINSHIELD ROOM 11:05 a.m. – 12:30 p.m.; 3:20 – 4:45 p.m.

## Conference Presenters

Beth Burlingame	Fell in love with sailing at age 12 at a YMCA camp. Raced small boats before finding her comfort with the cruising lifestyle. Holds ABYC certifications in electrical, diesel, and marine systems. She lives in Fairhaven, MA, sailing her 21' sloop in Buzzards Bay, and aboard her 38' power catamaran in the winter. Beth is a former member of the board of directors of the Women's Sailing Foundation.
Linda Codega	A lifelong sailor who started racing at age 6, Linda has taught summer youth sailing classes, volunteered with her college team, and was a charter boat captain in the Caribbean. She races on a 37-foot Merritt with the Kingston Sailing Club, in NY.
Nancy Cook	Has engaged in some form of sailing and racing and other boating experiences most of her life, including sailing her Sabre 42 between the Chesapeake Bay and the coasts of MA and ME. She has managed a junior sailing program and has taught CCA's program Suddenly Alone. She has captained boats in Europe, Asia, and the Caribbean. Nancy holds a US Coast Guard 100-ton Master license and a European Certificate for Navigating in Mediterranean Waters Offshore.
Pat Dieselman	Co-chair of Corinthian Yacht Club race committee and a past race committee chair and commodore of Blue Water Sailing Club. An experienced PHRF racer and cruising sailor, Pat has organized women-only cruises and over the years has instructed various workshops at prior Women's Sailing Conferences .
Susan Epstein	Sailing has been a part of Susan's life since she learned to sail as a youngster. Owner of and competitor on a 210. She now enjoys cruising when possible with her husband. She has been involved for many years with US SAILING. Susan joined the Women's Sailing Foundation board in 2001 and served as vice president from 2014 to 2016.
Betsy Frawley Haggerty	Started sailing as a 13-year-old at the Corinthian Yacht Club—and hasn't stopped since. Betsy has cruised the East Coast from Newfoundland to the Caribbean, participated in offshore and round-the-buoys racing, and has been teaching sailing professionally since the late 1980s. A New York City resident, she is a USCG-licensed captain who now sails and teaches out of City Island in Western Long Island Sound.
Barbara Herrmann	Started sailing on a Sunfish on Peconic Bay, and then raced one design, PHRF, and IOR boats out of Marblehead. Currently enjoying cruising with family and friends. She is past District Commander of the US Power Squadron (USPS) and an instructor on boating safety and navigation.
Joyce Hersh	Grew up in New England, and began lake sailing in dinghies at Girl Scout Camp. She returned to sailing as an adult, and has sailed New England's lakes and coastal waters in a Super Snark, a Westwight Potter, a MacGregor 26M, and a Hunter 27 Edge. Joyce resides in Vermont. She joined the board of the Women's Sailing Foundation as secretary in 2013.
Debbie Huntsman	Is a Level I US Sailing instructor; has taught boating safety for 20+ years; certified to teach NASBLA courses; certified master instructor for Coast Guard Auxiliary. In 2011, founded 'Ladies Day at the Lake' for Lake Pleasant Sailing Club in Phoenix, AZ. Is past commodore for the Lake Pleasant Sailing Club and the Pontchartrain Women's Sailing Association in New Orleans LA. Debbie joined the Women's Sailing Foundation board in 2016 and currently serves as president.

Anne Kolker	Anne has been an offshore sailor for many years. After her husband's death, when <i>Etoile</i> became hers, Anne decided to get more involved with sailing offshore by joining an all female crew for the 2009 Marion Bermuda race. She has done six offshore races with all female crews. She has been crew and the medical officer for a Marblehead to Halifax race. Anne's recent Atlantic crossing was complicated by a crew member having a heart attack.
Sue LaVoie	Sails from the Jubilee YC in Beverly, MA. She is past Commodore of Blue Water Sailing Club, and an experienced cruising sailor and instructor on sailing, safety and navigation for women.
Cindy Madden	Began sailing as a young adult in Scituate Harbor. Enjoyed cruising on her Sabre 32 with family and friends. For many years after her husband's death, Cindy was a member of the Race Committee at Hingham Yacht Club. She is past District Command of US Power Squadron (USPS) and a certified USPS instructor.
Linda Newland	Racing exclusively on the west coast, Linda has raced the Singlehanded Transpac to Hawaii, skippered an all women crew in the LA-Honolulu Transpac and holds the Fastest Woman Singlehanded Record, SF-Japan. Linda has a 100-ton Merchant Marine License and is a certified American Sailing Association instructor. Linda joined the Women's Sailing Foundation board in 2005 and is the immediate past president.
Debbie Noble	Sailed and raced for a half-century, including time as a sailing instructor and college sailing team captain. Has owned and raced one-design sailboats in Marblehead, Newport, New York, and England. Currently lives in Marblehead, actively races in both fleet and team events. Debbie is a member of the Eastern Yacht Club Race Committee and Sailing Committee.
Pat Oppenheimer	Started sailing and racing small boats in Marblehead as a youngster. She competed in the US Women's Championships, PHRF, Halifax and five Bermuda Races. She has made deliveries to the Caribbean and lived aboard her boat for four years, between New England and the Bahamas. She is a past commodore in the Seven Seas Cruising Association
Barbara Robertson	Started sailing with Community Sailing on the Charles River, in Boston. She joined NY Sailing Club when she moved to NY and purchased a Catalina 22. She now spends summers on a Freedom 36, <i>Whimbrel</i> , out of Belfast, ME. She and her significant other led the Blue Water Sailing Club Maine cruise one summer. Barbara has taught sailing for the Appalachian Mountain Club.
Susannah Winder	Grew up cruising and racing locally. Discovered tall ship sailing aboard the Schooner <i>Fame</i> of Salem. A graduate of Maine Maritime Academy with a dual degree in Marine Science and Vessel Operations, Susannah has sailed aboard vessels such as The Arctic Schooner <i>Bowdoin</i> and the Schooner <i>Adventure</i> . She is the Education and Group Coordinator at the Essex Shipbuilding Museum and will be sailing the Schooner <i>Lewis H. Story</i> this summer. Susannah joined the Women's Sailing Foundation board in 2018.





## REGISTRATION

18<sup>th</sup> Women's Sailing Conference

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June 1, 2019

Corinthian Yacht Club, Marblehead MA

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_

Phone \_\_\_\_\_ Food Allergy/Special Needs/Vegetarian Dinner \_\_\_\_\_

**Sailing Experience** Please check next to your sailing experience:  0 to 1 year  2 to 3 years  4+ years

**Sailing Preference** Please check one:  Mainly racing  Mainly cruising  Mainly day sailing

**Conference Program** Please check the appropriate box below.

Please INCLUDE my name and email address in the Conference program.

Please DO NOT INCLUDE my name and email address in the Conference program.

**Conference Workshops** Please select your first **and** second choice of workshops from the schedule, and fill in the form below for each time slot. For any of the on-the-water sailing workshops, you **MUST** choose the 2 morning blocks or the two afternoon time slots **Only one three-hour, on-the-water workshop allowed per person. Registrations are on a first-come, first-served basis.**

1 <sup>st</sup> Choice	2 <sup>nd</sup> Choice
9:30	9:30
11:05	11:05
1:45	1:45
3:20	3:20

### REGISTRATION FEES\*

NWSA Member: US \$145 \$ \_\_\_\_\_  
 (\$165 after 5-04-2019)

Member No. \_\_\_\_\_

Non-member: US \$180 \$ \_\_\_\_\_  
 (\$200 after 5-04-2019)

**TOTAL** \$ \_\_\_\_\_

### MAIL-IN REGISTRATION INSTRUCTIONS\*\*

1. Make check/money order payable to: Women's Sailing Foundation.
2. Mail completed registration form and check/money order to:

Women's Sailing Conference  
 c/o Joan Thayer  
 127 Front St., #3  
 Marblehead, MA 01945

\*To receive early bird rates, registration must be postmarked by 5/04/19.  
 Please keep a copy for your reference.

\*\*If you would like to register online and pay with credit card, please visit: <https://www.womensailing.org/events-education/womens-sailing-conference/event-registration/>

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**Please print and sign this page, and bring it with you on June 1.**



## **WAIVER and RELEASE**

In consideration of your accepting my registration form and fee, I agree to the following:

- 1.** I will comply with all safety procedures and instructions including, but not limited to, equipping my boat with any and all USCG safety equipment and complying with any and all USCG regulations and requiring all on board my vessel, including me and my crew, to wear a personal flotation device at all times while on the water.
- 2.** I release the NWSA, Women's Sailing Foundation, the Corinthian Yacht Club, their respective members, volunteers, sponsors, agents or committee personnel from any and all liability for any injury to me or a yacht arising out of my participation in this event and all social events connected therewith, whether such loss is due to property damage including but not limited to my boat and/or any and all of its gear, personal injury or loss of life, even if such loss or injury is due to the negligence of any party so released.
- 3.** I assume all risk of accident, loss of property including but not limited to loss of my boat and/or any or all of its gear and personal injury or loss of life arising out of my participation in this event and use of club facilities, due to failure or breakage of the yacht boarded or any of its equipment and/or weather and sea condition.
- 4.** I understand that my name and e-mail address will be printed in the program, which will be made available to our sponsors, unless I have indicated otherwise on the registration form submitted at an earlier date.
- 5.** I do hereby irrevocably consent to and authorize the use and reproduction by the Women's Sailing Foundation and/or National Women's Sailing Association, or anyone authorized by the Women's Sailing Foundation and/or National Women's Sailing Association, of any and all photographs taken of me in all forms and media and for any purpose whatsoever without further consideration.

**Signature** \_\_\_\_\_

**Please print or type your name here.** \_\_\_\_\_

**Sign and return this page to the registration table at the Corinthian Yacht Club on June 1.**

**Please keep a copy for your own reference.**



# 18<sup>th</sup> Women's Sailing Conference

June 1, 2019

## Take the Helm®

### General Information

**Questions?** Contact Conference Chair Joan Thayer at [joan\\_thayer@comcast.net](mailto:joan_thayer@comcast.net) or by phone at 781-631-2084.

**Corinthian Yacht Club Policies:** All in attendance must observe the standards and policies of the CYC. Dress is casual. Jeans are permitted if they are not ripped, torn, faded, etc. Smoking and cell phone use are not allowed in the clubhouse or on the porch. Parking is available on the side streets, not in the CYC lot unless you are an overnight guest or member.

**Bottled water.** We are being good stewards to the environment. We are not providing single use bottled water. Please bring your own refillable water bottle.

**CYC Navigation Coordinates:** N 42 30.30 W 70 50.40 VHF: Channel 9.

**Dinner at CYC - 6:15 p.m.** (Please indicate any food allergies on your registration form.)

Baby arugula, shaved parmesan, lemon juice and olive oil.

Seared chicken breast, sundried tomato butter sauce. Rice pilaf and grilled asparagus.

Vegetarian Entrée option: Zucchini noodles, asparagus, cherry tomatoes, basil pesto, shaved parmesan

Dessert: Gluten free chocolate cake

**Dress:** Dress for warmth. Layers are best. Spring in the northeast can be both sunny and chilly with winds off a cold ocean. Bring rain gear as this is an all-weather event. *Please wear non-scuff soled shoes or white-soled shoes appropriate for sailing.*

**PFDs are required for sessions on the float or sailing.** All workshops requiring a PFD are marked with an asterisk (\*) in the registration materials. **Bring a personal flotation device (PFD) if you are registered for one of those sessions.**

**Overnight Accommodations:** There are a limited number of rooms at the Corinthian YC, phone: 781-631-0005. Identify yourself as a conference attendee. Salem University, 352 Lafayette Street, Salem, MA 01970 is offering dorm rooms as low as \$45 - \$65 per person. Free parking. Stay before or after the conference. Bring a friend, spouse. Make it a weekend. Contact **Deborah Melnick**, Director of Summer Conference & Hospitality Services, 978.542.7173, e-mail: [Dmelnick@salemstate.edu](mailto:Dmelnick@salemstate.edu). Contact the Marblehead Chamber of Commerce at 781-631-2868 or [info@marbleheadchamber.org](mailto:info@marbleheadchamber.org), or <http://www.marbleheadchamber.org>.

#### **Driving Directions to Corinthian Yacht Club, 1 Nahant Street, Marblehead, MA 01945**

A car is the most convenient way to get to the yacht club.

**From Boston and the South:** Take Route 93N (South East Expressway) to Exit 20, I-90/Logan Airport. Merge onto I-90E/Mass Pike via exit on the left toward Logan Airport. Do not exit for Logan. **From Boston:** Follow Route 1A North, through Revere and Lynn, toward Swampscott. At rotary, go around to the left toward Swampscott. Go through Swampscott into Marblehead. Approximately 1.5 miles from the Marblehead line, take a right at the set of lights & four-way intersection onto Ocean Avenue. (See *In Marblehead directions*)

**From the North:** Take Route 128 South to Exit 25A, Route 114 East – Marblehead, in Peabody. Follow 114 to the end in Marblehead. At the fire station, take a right onto Ocean Avenue. (See *In Marblehead directions*)

**From the West:** Take Route 95 North until it combines with Route 128 North. Stay on Route 128 North toward Gloucester. In Peabody, take Exit 25A, Route 114 East – Marblehead. Follow 114 into Marblehead. At the end of 114 at the fire station, take a right onto Ocean Avenue. (See *In Marblehead directions*)

**In Marblehead:** Follow Ocean Avenue across the causeway. Marblehead Harbor will be on your left. At the end of the causeway, bear left onto Harbor Avenue. At fork in road, bear left up hill, still on Harbor Ave. Pass the Eastern Yacht Club on left. At the rotary

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at the top of the hill, bear left. Very shortly thereafter, take a left onto Corinthian Lane. Parking is available on any of the side streets, not in the club parking lot unless you are an overnight guest or member. Thank you for your cooperation.