



## President's Message

from Debbie Huntsman

Not very long ago, sailors feared the edge, the place just past known seas, where ships would fall from the edge of the earth. In their minds the earth was flat. Sailors believed wrongly pushing their craft past known limits was folly which could end with free falling for an eternity. There was also the belief a woman on a boat would bring bad luck.



The National Women's Sailing Association (NWSA) promotes its mission: to enrich the lives of women and girls through education and access to the sport of sailing. We push beyond the perceived edge, sailing past the familiar boat, run by men, and away from the notion women bring woe onto a boat. In the past half century, women have continually strove against exclusion in the sport of sailing and more and more women often have found their way into the winner's circle or a distant port. We are waving good-bye to men, not from the shore but more often from our boats.

This year over 100 women attended our Women's Sailing Conference in Marblehead. Some took the helm for the first time. Others already

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# Take the Helm®

Official Newsletter of the National Women's Sailing Association

FALL 2018

## Women's Sailing Conference - June 2 - Marblehead, MA

### *Another success!*

More than 100 women sailors, from amateur day sailors to experienced offshore cruisers arrived at the Corinthian Yacht Club in Marblehead, Massachusetts, on Saturday June 2 to share their expertise and learn new skills at the 17th NWSA Women's Sailing Conference. Participants, who came from 12 states, chose from 20 different classroom and on-water workshops.

We had two Sonars loaned by the Corinthian and a Colgate 26 provided by Black Rock Sailing School, one of two Platinum Sponsors. BoatUS is the other Platinum Sponsor. The winds were up and down and gave us cause as to whether we would need to send out the CYC launch to retrieve them as the wind died down. However, the boats carry paddles and the women put them to good use. No one wanted to be late for lunch or miss that last minute push at the Silent Auction table!

Our reefing session was held on a Sabre 42. The Dinghy Captain workshop was a very strong favorite. We introduced that coaching situation last year. And this year, it had a waiting list. When you are cruising you need to get on land from the mooring. More independence! We had three dinghies for at our disposal.

On-land, the workshops ran the gamut from Sailing 101 and How to



Toss a Line to Plotting Your Course and How to Prepare for Offshore and Extended Cruising as well as lighting off flares on the beach and learning to splice a line. For the more advanced, the Marine Electrical Wiring and Advanced Docking.

Our Speaker, Sheila McCurdy, was also awarded the BoatUS/NWSA Leadership in Women's Sailing Award. Sheila has a tremendous amount of sailing experience at all levels and she is also very involved with promoting sailing for all as well as promoting opportunities for women. Sheila spent the entire day at the conference. Her presentation was "Sailing is a Metaphor for Everything".

We had over 40 raffle items that we gave out during the welcome and at the end of the evening. We also had 23 silent auction items, many hotly contested. All proceeds from the raffle ticket sales and silent auction benefit the Women's Sailing Foundation for the AdventureSail® events for underserved girls and educational workshops for adult women.

The buzz of excitement continued throughout the day. And when it ended and left for our respective home ports we did so armed with renewed confidence, skills and new sailing connections.

Mark your calendars - June 1, 2019 - for the 18<sup>th</sup> NWSA Women's Sailing Conference.





A program of the  
Women's Sailing Foundation

## NWSA

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Membership allows us to provide the seminars and workshops to all members. Current members get first notification of events. We appreciate your continued support.

[www.womensailing.org](http://www.womensailing.org)

## Snaps of the Women's Sailing Conference this past June!



*Debbie Huntsman presents Sheila McCurdy with the Leadership in Women's Sailing Award*



## No. CA Women's Sailing Seminar Celebrates Its 26th Year

Seventy-six female students, twenty-four female instructors, and countless male and female volunteers enjoyed networking and sharing the weekend at Island Yacht Club on September 22 & 23, 2018. Island Yacht Club hosted its 26th Annual Northern California Women's Sailing Seminar, where women teach women how to "capture the power" of sailing.



On Saturday, women participants chose tracks based on their sailing skills. The tracks included both on-shore and on-the-water classes from beginner to advanced, including spinnaker and racing. On Sunday, the women chose either racing on the calm Alameda Estuary in small sailboats, or cruising on the sometimes frisky San Francisco Bay in larger sailboats.

The two-day seminar kicked off with keynote speaker Captain Tanja Koster. Tanja has logged over 42,000 nautical miles and holds a 100-ton US Coast Guard Masters License. Tanja's cruising grounds include Atlantic crossings, the Mediterranean, New Zealand, Fiji, Tonga, the Panama Canal, both coasts of the United States, and more - and all double-handed. For over 33 years, Tanja has focused on empowering people, both on the water and on land. Tanja has a special talent for identifying a person's

*Continued on page 12*

## President's message Continued...

owned boats and are experience offshore sailors who sought out specialized skills. Some are licensed captains. All were eager to learn and share the expertise they already had.

National Women's Sailing Association also hosted series of workshops, a diesel workshop, our first Coastal Safety at Sea, and we hosted AdventureSails from the Gulf Coast to New York.

While NWSA was offering programs to members, women sailors around the globe were setting impressive records. For the first time the 2017-18 Volvo Ocean Race required women to be included on each of the sailing teams. Two women, Australian Wendy Tuck and the youngest skipper ever, 25 year-old Nikki Henderson, battled for the win in the Clipper Round the World race. Tuck became the first female skipper to win the 40,000 nautical mile race. And the 750 mile adventure race, the R2AK, was won by the all female crew, Sail Like a Girl, led by Jeanne Goussev. We are all inspired and encouraged by their successes.

On our smaller scale, members continued to sail forward, piling up proof there is only a cliff in the imagination. We know our earth is round. We reject any notion we are bad luck. Realizing these things requires women to show grit and courage every time we sail beyond personal horizons. As an organization, we are proud to cheer all women sailors along.

Attagirls!

*Debbie Huntsman*

## Tell us what you think!

We are conducting this survey to be able to better serve the members of NWSA. We are looking for information about how your membership helps you in your sailing endeavors, and what we can do to facilitate learning and growth and to build confidence for our members. This is an open and safe space to let us know how we can help to improve our organization.



Here is the link:

<https://surveyhero.com/c/9e00836a>

## Thanks!

## Marine Systems / Electrical Workshop October 20-21 in Fairhaven, MA



**Beth Burlingame** will teach this hands-on class. No boring lecture time and lots of practice with quality tools and materials. All skill levels welcome. Since this takes place in October, we will reviewing winterization as well as topics:

### Saturday, October 20 / Systems, Electrical Basics

- Tools
- Wiring techniques and practice
- Batteries, load calculations
- Hoses and Pumps, watermakers
- Solar basics

**ONLY ONE  
SPOT LEFT.  
An early sell out!**

### Sunday, October 21 / Installing, Testing, Troubleshooting

- Wire and install lights, radios, electronics
- Install solar panel, controller, check output
- Power up and test bilge pumps

This year we will be installing a basic solar panel battery charging system, as well as a chartplotter and bilge pump.

**Cost** for the two-day workshop: \$150 for NWSA members; \$200 for non-members

### *For further details and REGISTRATION:*

<https://www.womensailing.org/events-education/marine-electrical-systems-workshop-for-women/>





## Events for Women Sailors

**October 20-21**  
**Marine Systems/Electrical Workshop**  
Fairhaven, MA

**February 2, 2019**  
*Gail Hine presents*  
**Sailing Convention for Women**  
<https://www.sailingconventionforwomen.com/>  
at Bahia Corinthian Yacht Club in Newport Beach, CA  
[gail@sailingconventionforwomen.com](mailto:gail@sailingconventionforwomen.com)

**March 2, 2019**  
**Diesel Workshop**

**June 1, 2019**  
**Women's Sailing Conference**  
at Corinthian Yacht Club  
Marblehead, MA  
<https://www.womensailing.org/events-education/womens-sailing-conference/>

**Visit us on Facebook**  
<https://www.facebook.com/Womens-Sailing-FoundationNational-Womens-Sailing-Association-175044185840300/>

**Check out our new website and blog**  
<https://www.womensailing.org/blog/>



The **Sailing Convention for Women** presented by Gail Hine will be held on Saturday, February 2, 2019 at the Bahia Corinthian Yacht Club in Corona del Mar, California.

This year's workshops will include several new subjects — Art of Motorsailing, Avoid Mishaps & Mayhem Aboard, How to Talk Like a Sailor, and many popular repeaters. Convention favorites are: Welcome Aboard for beginners, Diesels, Going Up the Mast, Docking, Suddenly Singlehanded, Weather, Sail Trim, Basic Navigation, Maintenance Mania, DIY Canvas Projects, How to Heave a Line, Nighttime Sailing and Navigation, Winch Workshop, Spinnaker Rigging, Offshore Cruising, and Introduction to Sailing.

Many of our instructors have been volunteering and imparting their wisdom for many years. Prior attendees know that these fantastic mentors have so much knowledge and enthusiasm to impart, they come back for more and more.

Our featured speaker at dinner will be **Melody Kanschat**, a sailor with 40 years of sailing experience beginning



in the Midwest on small boats and now in California aboard her C&C40 "Harmony." Throughout those 40 years, Melody applied the lessons she learned as a female skipper to her professional career in public radio, and in art museums as President of the Los Angeles County Museum of Art and as Executive Director of the Getty Leadership Institute. She will talk about the styles and characteristics of women leaders, those pivotal moments when both skippers and crew embrace their leadership, and she will share tips for women sailors in exerting their own leadership to be happy and productive members of any sailing crew.

The convention registration fee includes workshops, breakfast, lunch, dinner, souvenirs and handouts. Registration will open on Dec. 10, 2018 for the 2019 Event. Information about the workshops that were offered can be viewed on the website.

For more information, contact Gail at [gail@sailingconventionforwomen.com](mailto:gail@sailingconventionforwomen.com) or call 951-677-8121.



*"Great instructors and outstanding opportunities to learn and re-learn! And great times of fellowship, sharing lessons learned, and making new friends while also enjoying those we've known for years!"*

## New Director Elise Read



Elise came to sailing at age 33, when she bought a 1969 Southcoast 23 without knowing a thing about the sport. For the last 20 years, most of her sailing experience has been in racing both monohull and multihull vessels. She's been doing course racing at events along the northern coast of the Gulf of Mexico, some inshore distance events, national regattas in the Corsair, Weta, and Rhodes 19 classes. And then she moved up to Heineken Regattas crewing on a Gunboat 66. She's also done double-handed bareboat pleasure cruises in the Bahama and Grenedine Islands. Currently she owns and sails Weta and Corsair Trimarans. She joined the Board of WSF in September! Welcome!



## Adventure Sail® - August 2018 Lake Pontchartrain, New Orleans, LA

Girls from Scout troupes in the New Orleans area gathered at the New Orleans Yacht Club on Lake Pontchartrain on a beautiful Saturday morning in mid-August. Most of the girls were "newbies." A few had never been to Lake Pontchartrain in spite of the fact it is a dominate feature in their city. Some of the girls participating had sailed in an AdventureSail® three previous times. Organizers literally watched these girls out grow the child-sized lifejackets!

A few special girls attending this year were already solid sailors from the NOYC high school sailing program. They offered help as crew. Rachel, who attended previous AdventureSail®, first as a participant, then as crew, skippered a 36' boat for the first time -- with the owner and a group of excited girls as part of her crew.

Six boats were at the ready, five sailed with girls in the typical light wind of a southern summer day. All girls took the helm. They tacked and jibed. A few flew an A sail before making it back to the docks prior to a mid-day deluge.

As rain continued, all enjoyed pizza courtesy of the Girl Scouts in the dry comfort of New Orleans Yacht Club. Then they heard from Amye Sinclair, crew member from team Sweet Caroline, who was featured on CNN's *Great Big Story* and actively promotes sailing (internationally) among women of color.

Ms. Sinclair later suggested the young sailors participating in an AdventureSail® be offered junior memberships in NWSA. (Great idea!) The NWSA board adopted her suggestion, and the Association has accepted the first junior member application -- from enthusiastic 16 year-old Sarah.



*Some of the girls were back for their fourth time, and had attended other Lake Pontchartrain Womens Sailing Association (LPWSA) functions. Still, the organizers were caught somewhat off guard when they saw most girls had gone from child life jackets, to adult-sizes in just one year. Orange key-holes had to do. None of the girls seemed to mind. Unlike their first outing on sailboats, they were confident and eager to get on the boats, take the helm and show the new girls how it was done.*



## Susannah Winder New Membership Co-Chair



Susannah Winder grew up cruising and racing in Massachusetts waters both on her family's boat and at sailing camps. She discovered tall ship sailing aboard the Schooner Fame of Salem and was hooked. While attending Maine Maritime Academy with a dual degree in Marine Science and Vessel Operations, Susannah sailed aboard The Arctic Schooner Bowdoin. As the Student Chief Mate, she sailed the East Coast of the US.

Since graduating she has lived and worked onboard Gloucester's Schooner Adventure. She is now embarking on her next voyage into graduate school at Massachusetts Maritime Academy in Emergency Management. She still sails and teaches on every boat, ship, or yacht she can get her feet on.

She has been a participant in the conference and a member of NWSA for at least 10 years as well as a conference presenter. Susannah joins NWSA as Membership Co-Chair and has a survey for the organization to get your ideas on what we can do to make this a better group serving women sailors.

## Adventure Sail® - Boston, MA

Saturday, June 9th, was a lovely day to be on the water and a perfect one for the AdventureSail® event on Boston Harbor. Courageous Sailing Center hosted the event.

The girls ages 9 to 12 came from the Big Sister Association of Greater Boston. Twenty pairs of big and little sisters arrived with their big sisters to kick off the summer. Some volunteers were as timid as the little sisters at first. However, that issue disappeared after a few minutes of safety rules from Hannah of the Courageous staff. "Keep your butt on the bench when the boat changes direction," drilled Hannah. Ashley, also of Courageous, helped fit the lifejackets on the girls. Then two pairs of big and little sisters joined their skipper and headed to the dock below where the Rhodes 19s waited patiently for their cargo. Everyone pitched in to rig the boats and soon drifted quietly from the dock, one by one.

Meanwhile, the shore team of Pat Dieselman, co-chair; Jen Chaisson and Reen Duffy were clearing the decks for the grill. Being on the water makes one hungry and thirsty. After lunch there was a quick review of boat parts and a word search game for the newly learned words and then it was on to the basic knots, lead by Susannah Winder and Susan Epstein. It did not take the girls long to figure out that tying some of their lines together would produce a jump rope! Not only did the girls leave with smiles on their faces, but also with a T-shirt, a frisbee, a coloring book provided by the Foundation. For all, it was a great way to start the summer.

Many of the girls live only a few blocks from water, but have never been to the water's edge, much less get on a boat. Other volunteers included Colleen Charles, Irene Choi, Danielle Feerst, Samantha Muto, and Kathy Ryan.

We are grateful to the ongoing financial support from Boston Private. Other in-kind supporters were New England Ropes, the Beverly-Marblehead Sail & Power Squadron and the Jennifer L. Gerrish Foundation.



## BoatU.S. and NWSA

NWSA participates in the BoatU.S. Cooperating Group Program. That means that NWSA members are eligible for BoatU.S. membership at \$15, rather than the regular annual \$24 dues rate. We receive announcements with information that we pass on to you the member through our own website or our e-Breeze emails.

Other benefits include:

- 24/7 Towing Dispatch to over 600 towboats 300+ ports
- Roadside Assistance while trailering your boat
- Discounts on fuel, transient slips, repairs and more at 1,000+ boating businesses
- 6 issues the award-winning BoatUS Magazine
- Access to Boat Insurance from dedicated experts
- The Boater's Advocate - from local issues to Capitol Hill
- Highest level of shopping rewards West Marine
- Travel discounts from Star Clippers, The Moorings and more
- Discount on custom boat lettering and registration number

You can sign up for a BoatU.S. membership on line at [www.boatus.com/member](http://www.boatus.com/member). Give NWSA's Group ID number **GA 84104B** when prompted to receive the special discounted rate.

Or call BoatU.S. membership services toll free number 800-395-2628.



## BoatUS Foundation's 4 Simple Steps to Prep Your Inflatable Life Jacket for the Fall Boating Season

The autumn boating season has arrived, and with it comes cooler water temperatures. A fall overboard can get serious quickly, and wearing a life jacket could give you extra time to survive.

While many boaters have traditional floatation-filled life jackets, an increasing number have switched to more modern inflatable life jackets, which require a little preparation each year. If you haven't inspected your inflatable life jacket and it's gone through a summer's worth of hard boating, now is a good time to take a close look at it.

Here's a quick four-step prep for your inflatable life jacket from the BoatUS Foundation for Boating Safety and Clean Water:



### 1 - Open it up and look.

Gently open the life jacket, usually by pulling apart any hook-and-loop tape covers or flaps and then unfolding. Pay close attention because repacking it is essentially the reverse of this process. Inside you will find a thin-walled bladder, which is what keeps your head above water when inflated, so take your time looking for any tears or abrasions. Are the waist strap and all buckles in working condition?

### 2 - Remove the cartridge.

Unscrew the CO2 cartridge and ensure it hasn't been discharged, sometimes indicated by a small puncture in the center of the threaded end. Some inflators will have a green ready-to-go indicator. Check the cartridge and inflation mechanism for corrosion. Some inflator mechanisms have a little "pill" or "bobbin" that dissolves in water allowing for automatic inflation. It should be in good shape. If not, purchase a rearming kit.

### 3 - Test for leaks.

Using your mouth, blow up the life jacket using the manual-inflation tube found on the upper left front of the life jacket. This tube may also be used as a back up to fill the jacket with air in an emergency, so familiarize yourself with how it works. Leave the fully inflated life jacket alone for 24 hours to test for leaks.

### 4 - Repack.

If, after the time is up and the life jacket still holds air, deflate it and repack according to the instructions, which usually can be found on an inside flap. Now you're ready for fall boating season!

For more information on the care of life jackets, go to [BoatUS.org/Life-Jackets/Care](http://BoatUS.org/Life-Jackets/Care). To find which life jacket is right for you, check out a video here: <https://youtu.be/iPdZVQ48fuE>.

*This is a good reason to join BoatUS. NWSA members receive a discount. You can sign up for a BoatU.S. membership on line at [www.boatus.com/member](http://www.boatus.com/member). Give NWSA's Group ID number GA 84104B when prompted to receive the special discounted rate.*



*Participants pose for a group photo after testing various life jackets, entering a rescue basket and practicing the H.E.L.P. position and group propulsion techniques.*



*Sheila McCurdy demonstrates the spayhood included in a lifejacket.*



*Susan Epstein along the Charles River near the MIT Sailing Pavilion*

## Safety at Sea - Huge Success!



In May a Safety@Sea workshop was added to the pool of NWSA's educational offerings. During the June 2017 board meeting the subject of organizing a Coastal Safety@Sea was discussed in earnest. Susan Epstein offered to take the lead and Debbie Huntsman volunteered to help Susan organize an event designed for women in cooperation with US Sailing.

Huntsman had attended a US Sailing international Safety at Sea course prior to racing in the Pensacola a la Havana race a few months earlier. Epstein reported the US Sailing online course was designed to provide sailors with essential safety information that can be used immediately on the water. It is for anyone who sails, boats, cruises or races on both inland and coastal waters. The online course satisfies the requirements for coastal races being sailed under United States Special Equipment Regulations 4.3.2. It was decided to offer the USSailing on line course with a day-long hands-on workshop designed for women.

After fact finding, searching out a suitable venue and working with the US Coast Guard and US Sailing to bring top notch experts on subjects to be covered, NWSA announced the course, one of the first to be offered with online registration.

The course filled with sailors from a variety of sailing backgrounds and skill sets; a crew recently rescued in a three day operation in mid-Atlantic by a Royal Navy destroyer, an accomplished

blind sailor who lived on a boat, a collegiate champion, and cruisers and racers, all wanting to become better prepared for emergencies. The event was hosted by Frannie Charles, director at the perfectly suited MIT Sailing Pavillion and Christopher Lancaster at the nearby Zesiger Fitness Center pool.

The US Sailing moderator was Sheila McCurdy, one of the most knowledgeable women sailors anywhere. She championed the Safety at Sea program during its development. McCurdy is also the 2018 recipient of the Leadership in Women's Sailing Award co-sponsored by the National Women's Sailing Association and BoatUS. Coast Guard Commander Lee Titus, Chief of Response, Sector Boston and helicopter rescue swimmers, Christopher Moore and Brian Notheis from Air Station Cape Cod offered information, tips and advice on working with the Coast Guard and other agencies for assistance or rescue. Board members Epstein and Huntsman were also presenters.

NWSA volunteers, Joan Thayer, Reen Duffy and Maia Yulov helped provide a continental breakfast, a very nice lunch, as well as preforming plenty of tasks to make the event pleasant for instructors and participants alike.

The Coastal Safety@Sea was so successful and well received that NWSA plans to do it again. Check our Facebook page, our website and future editions of Take the Helm for announcements of dates, times and places.

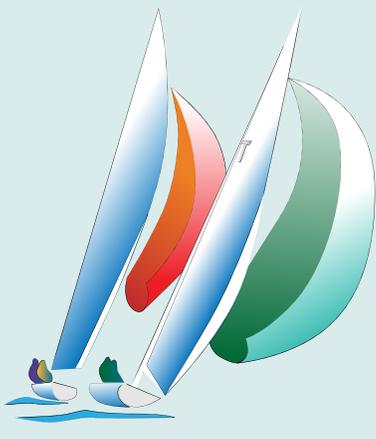
## New Director Linda Thompson



Captain Linda Thompson grew up along the Gulf Coast of Florida and has over 40 years of sailing experience. She is a US Coast Guard licensed captain and a certified American Sailing Association (ASA) instructor.

Linda has sailed up and down the coast of Florida, to and from a number of Caribbean Islands, the Gulf of Mexico, the Bahamas, Norway, and the Mediterranean, but loves most her hometown waters of Pensacola Bay and the surrounding area.

Thompson joined the board in 2018.



## Adventure Sail® - Sag Harbor, New York



September 15th was a perfect sailing day — warm and sunny with winds at 12/15 mph — and a great turnout with I-Tri, Butterfly Project, Breakwater Yacht Club and South Hampton sailing community. Women Sailing Foundation and Breakwater Yacht Club hosted their 21st annual AdventureSail; the first was summer 1997.

There were 25 participant girls and 15 adult chaperones on six boats with skippers and crew.

The girls, from two local programs — The Butterfly Effect Project and I-Tri Long Island, spent over an hour racing around buoys on Ling Island Sound. Each child was awarded a memento of the sail. Photos were taken and a delicious lunch was served.

Much thanks to all the skippers and crew and to Charlene Kagel, David Betts of BYC and Val Cook, WSF.

# What every sailor should know how to do

Published on May 31st, 2018 - Sailing Magazine

Don't head out to sea without knowing what to do when emergencies—both small and large—arise. To achieve this goal, Sailing Magazine details six things every sailor should know how to do. **Details** about each of these topics can be read on line at: <http://sailingmagazine.net/article-1977-6-things-every-sailor-should-know-how-to-do.html>

## 1. How your life jacket works

Inflatable life jackets are the most common choice for offshore sailors, but because there's a bit more to them than a traditional foam life jacket, it's important to know how they work and how to maintain them.

## 2. How to fire a flare

The most important part of firing a flare is to know when to do it. You want to maximize the chances of it being seen, so wait until you see a boat or plane before firing.

## 3. How to reef a mainsail

When it comes to reefing, the rule is to do it before you need to. It's a good plan because reefing becomes infinitely more complicated if the boat is heeled way over and the wind is whistling so loudly you can't hear your crewmates. The process of reefing, however, is the same no matter when you do it.

## 4. How to rescue a man overboard

Most sailors have read and practiced man overboard procedures dozens of times but guidelines for retrieving a person from the water always bear repeating. The following procedure is taught to thousands of new and experienced sailors through American Sailing Association schools every year. It is also outlined in many ASA manuals that may be purchased outside of its courses.

## 5. What to do if you fall overboard

In this most serious of personal safety situations, it goes without saying that you must do everything possible to avoid falling overboard. Nothing good happens when you're no longer on the boat, so be safe and hang on with every fiber of your being if you find yourself headed for the wrong side of the lifelines.

## 6. Dealing with heavy weather

Sometimes, no matter how much you plan, heavy weather interrupts an otherwise nice offshore passage. And if you can't avoid it or outrun it, you'll have to deal with it. There are three strategies to use in a storm: heaving-to, forereaching and lying ahull. Which method you use depends on the specific circumstances.



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## Host an AdventureSail® Program

We are looking for volunteers to co-host AdventureSail® programs anywhere in the U.S. where there is a community sailing program or sailing club that has access to suitable sailboats and volunteer women sailors to serve as skippers and positive role models.

Our outreach program is designed to introduce girls ages 9-14, who are in need of a positive learning experience, to a team-building atmosphere where they can build self-confidence to overcome adverse living conditions. This is a one day event combining team-building activities, introduction to basic sailing theory and a sailing experience where they can take turns at the helm and/or crew under the mentorship of an experienced woman skipper.

If you are interested in working with us to organize an AdventureSail® day in your area, please contact Val Cook at [adventuresail@womensailing.org](mailto:adventuresail@womensailing.org).



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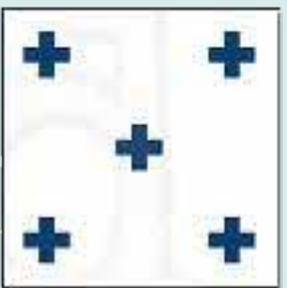
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**Making Changes  
Come About®**





Organizers Janet Frankel and Dawn Chesney of Island YC.

*Continued from page 2*

skills and strengths, and supporting that person's growth one step at a time towards success.

Participants and Instructors alike were energized by Tanja and continued on to have an incredible weekend honing their sailing skills. The weather was perfect, with sunshine and breezes. Participants and instructors raved about their experience, and reported that they will carry the memory of the seminar with them for a very long time. The combination of some of the best female sailing instructors, the ability to network with like-minded women, the generous raffle prizes donated by local marine businesses, the fantastic in-house catered meals, and the phenomenal camaraderie made for an indescribably wonderful weekend for everyone. All of this is accomplished by volunteers from Island Yacht Club and dozens of other volunteers from all over the Bay Area.

***Capture The Power!***



Photos by Julie Robin Pimentel

